



**Standard Insurance Company**  
**Voluntary Disability Coverage Highlights**  
 FedAdvantage

**Voluntary Disability Insurance**

Disability insurance is designed to pay a monthly benefit to you in the event you cannot work because of a covered illness or injury. This benefit replaces a portion of your income, thus helping you to meet your financial commitments in a time of need. Standard Insurance Company (The Standard) has developed this document to provide you with information about the optional coverage you may select through FedAdvantage.

**Eligibility Requirements**

- |                 |   |
|-----------------|---|
| <b>Employee</b> | <ul style="list-style-type: none"> <li>• A regular employee of a branch, agency, bureau, board, commission or division of the United States Federal Government</li> <li>• Actively working at least 20 hours each week</li> <li>• A citizen or resident of the United States or Canada</li> <li>• Temporary and seasonal employees, full-time members of the armed forces, leased employees and independent contractors are not eligible</li> </ul> |
| <b>Premium</b>  | <ul style="list-style-type: none"> <li>• You pay 100 percent of the premium for this coverage through easy payroll deduction financial allotment</li> </ul>   |

**Option 9 Benefit Amount (Premier Plus Plan)**

- |                                     |  |
|-------------------------------------|--|
| <b>Benefit Percentage</b>           | Your monthly benefit is 60 percent of the first \$25,000 of your insured predisability earnings reduced by deductible income |
| <b>Plan Maximum Monthly Benefit</b> | \$15,000   |
| <b>Plan Minimum Monthly Benefit</b> | \$100  |

**Disability Impact Study**

Request a disability impact analysis of the financial impact as a federal employee if you become disabled. Visit: [www.fedadvantage.com/financial-impact-analysis](http://www.fedadvantage.com/financial-impact-analysis).

**Employee Coverage Effective Date**

To become insured, you must satisfy the eligibility requirements listed above and be actively at work (able to perform all normal duties of your job) on the first day of the pay period in which the allotment is received through a payroll deduction. If you are not actively at work on the day before the scheduled effective date of insurance, your insurance will not become effective until the day after you complete one full day of active work as an eligible employee.

Please contact FedAdvantage Service Center at 1.866.973.6605 for more information regarding the requirements that must be satisfied for your insurance to become effective.

**Understanding Your Plan Design**

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|--|--|
| <b>Benefit Waiting Period</b>                  | If your claim for LTD benefits is approved by The Standard, benefits become payable after you have been continuously disabled for 30 days and remain disabled. Benefits are not payable during the benefit waiting period.   |
| <b>Own Occupation Definition of Disability</b> | For the benefit waiting period and the first 36 months for which LTD benefits are paid, you are considered disabled when you are unable as a result of physical disease, injury, pregnancy or mental disorder to perform with reasonable continuity the material duties of your own occupation <b>AND</b> are suffering a loss of at least 20 percent of your indexed predisability earnings when working in your own occupation. You are not disabled merely because your right to perform your own occupation is restricted, including a restriction or loss of license. |
| <b>Any Occupation Definition of</b>            | After the own occupation period of disability, you will be considered disabled if you are unable as a result of physical disease, injury, pregnancy or mental disorder to perform  |

**Disability** with reasonable continuity the material duties of any occupation.

**Maximum Benefit Period** If you become disabled before age 62, LTD benefits may continue during disability until you reach age 65. If you become disabled at age 62 or older, the benefit duration is determined by your age when disability begins:

<u>Age</u>	<u>Maximum Benefit Period</u>
62	3 years 6 months
63	3 years
64	2 years 6 months
65	2 years
66	1 year 9 months
67	1 year 6 months
68	1 year 3 months
69+	1 year

**Deductible Income** Deductible income is income you receive or are eligible to receive while LTD benefits are payable. Deductible income includes, but is not limited to:

- Sick pay, personal time off (PTO), annual or personal leave pay, severance pay or other forms of salary contribution (including donated amounts) paid
- Benefits under any workers' compensation law or similar law
- Amounts under unemployment compensation law
- Social Security disability or retirement benefits, including benefits for your spouse and children
- Benefits under your Federal Employees Retirement System (F.E.R.S) or Civil Service Retirement System (C.S.R.S).
- Disability benefits from any other group insurance
- Disability or retirement benefits under your employer's retirement plan
- Benefits under any state disability income benefit law or similar law
- Earnings from work activity while you are disabled, plus the earnings you could receive if you work as much as your disability allows
- Amounts due from or on behalf of a third party because of your disability, whether by judgment, settlement or other method
- Any amount you receive by compromise, settlement or other method as a result of a claim for any of the above

**Benefit Calculation**

**Example** The LTD benefit amount is determined by multiplying your insured predisability earnings by the specified benefit percentage. This amount is then reduced by deductible income. In the example below, the LTD benefit amount is 60 percent of insured predisability earnings. If your monthly earnings before becoming disabled were \$4,500, and you now receive a monthly Social Security disability benefit of \$1,200 and a monthly retirement benefit of \$900, your monthly LTD benefit would be calculated as follows:

Insured predisability earnings	\$4,500
LTD benefit percentage	X 60%
	\$2,700
Less Social Security disability benefit	-\$1,200
Less retirement benefit	-\$900
<b>Amount of LTD benefit</b>	<b>\$600</b>

**Additional Features**

Please see your FedAdvantage representative for additional information about the features and benefits below.

<b>24 Hour Coverage</b>	24-hour LTD plans provide coverage for disabilities occurring on or off the job.
<b>Rehabilitation Plan</b>	If you are participating in an approved Rehabilitation Plan, The Standard may include payment of some of the expenses you incur in connection with the plan including but not limited to; training and education expenses, family (child and elder) care expenses, job related expenses and job search expenses.
<b>Reasonable Accommodation Expense Benefit</b>	If your employer makes an approved work-site modification that enables you to return to work while disabled, The Standard will reimburse your employer up to a pre-approved amount for some or all of the cost of the modification.
<b>Rehabilitation Incentive Benefit</b>	If you agree to participate in a rehabilitation plan that prepares you to return to work (plan must be approved by The Standard), you may be eligible to receive an additional benefit equal to 10 percent of your predisability earnings. When added to any other amount you receive from The Standard, your total benefit cannot exceed the maximum benefit allowed by the policy.
<b>Lifetime Security Benefit</b>	Your LTD benefit (amount in effect when the claim closes) payments will continue beyond the regular plan Maximum Benefit Period if you are unable to perform two or more Activities of Daily Living or are suffering severe cognitive impairment.
<b>Assisted Living Benefit</b>	Your benefit will be increased by 40 percent to your PDE when you are unable to perform two or more Activities of Daily Living or suffering severe cognitive impairment. The maximum benefit amount cannot exceed \$5,000 in addition to the LTD benefit.
<b>Medical Expense Benefit</b>	If you become Disabled and LTD Benefits are payable to you, you may also receive an additional Medical Expense Benefit in the amount of \$200 each month for up to 24 months.
<b>Employee Assistance Program</b>	Includes an Employee Assistance Program and WorkLife Services to offer support, guidance and resources to help you and your household members resolve personal issues.
<b>Survivors Benefit</b>	If you die while LTD benefits are payable, and on the date you die you have been continuously disabled for at least 180 days, a survivors benefit equal to three time your unreduced LTD benefit may be payable (any survivors benefit payable will first be applied to any overpayment of your claim due to The Standard).
<b>Conversion</b>	Allows you to obtain LTD conversion insurance after the termination of your insurance with FedAdvantage.

**Exclusions**

Subject to state variations, you are not covered for a disability caused or contributed to by any of the following:

- Your committing or attempting to commit an assault or felony, or your active participation in a violent disorder or riot
- An intentionally self-inflicted injury, while sane or insane
- War or any act of war (declared or undeclared, and any substantial armed conflict between organized forces of a military nature)
- The loss of your professional or occupational license or certification
- A preexisting condition or the medical or surgical treatment of a preexisting condition unless on the date you become disabled, you have been continuously insured under the group policy for a specified period of time, and you have been actively at work for at least one full day after the end of the exclusion period

**Preexisting Condition Provision**

A preexisting condition is a mental or physical condition whether or not diagnosed or misdiagnosed:

- For which you would have consulted a physician or other licensed medical professional; received medical treatment, services or advice; undergone diagnostic procedures, including self-administered procedures; or taken prescribed drugs or medications
- Which, as a result of any medical examination, including routine examination, was discovered or suspected

**Preexisting Condition Period** The 12 months period just before your insurance becomes effective

**Exclusion Period** 24 months

Note: If you elect to increase your LTD Benefits, payment of LTD Benefits are limited to the benefit amount in effect prior to the elective increase if your Disability is caused or contributed to by a preexisting condition.

### Limitations

LTD benefits are not payable for any period when you are:

- Not under the ongoing care of a physician in the appropriate specialty as determined by The Standard
- Not participating in good faith in a plan, program or course of medical treatment or vocational training or education approved by The Standard, unless your disability prevents you from participating
- Confined for any reason in a penal or correctional institution
- Able to work and earn at least 20 percent of your indexed predisability earnings, but you elect not to work

In addition, payment of LTD benefits is limited in duration:

- If you reside outside the United States or Canada
- If your disability is caused or contributed to by mental disorders, substance abuse or the environment, chronic fatigue conditions, chronic pain conditions, carpal tunnel or repetitive motion syndrome or temporomandibular joint disorder or craniomandibular joint disorder

### When Benefits End

LTD benefits end automatically on the earliest of:

- The date you are no longer disabled
- The date your maximum benefit period ends
- The date you die
- The date benefits become payable under any other LTD disability insurance plan under which you become insured through employment during a period of temporary recovery
- The date you fail to provide proof of continued disability and entitlement to benefits

### When Insurance Ends

Insurance ends automatically on the earliest of the following:

- The last day of the last period for which you make a premium contribution (except if premiums are waived while disabled)
- The date your employment terminates
- The date the group policy terminates
- The date you cease to be a member (insurance may continue for limited periods under certain circumstances)
- If applicable, the date your employer ceases to participate under the group policy

### Group Insurance Certificate

If coverage becomes effective, and you become insured, you will receive a group insurance certificate containing a detailed description of the insurance coverage including the definitions, exclusions, limitations, reductions and terminating events. The controlling provisions will be in the group policy. Neither the information presented in this summary nor the certificate modifies the group policy or the insurance coverage in any way.

Note: If you are located in Alaska, Florida, Idaho, Kentucky, Oklahoma, Maine, North Carolina, Pennsylvania, Oregon, Washington, or Colorado, your continued coverage under the plan is dependent upon the State Department of Insurance approval of Standard's certificate for your coverage and/or other required regulatory documents.

**Rates**

If you have questions regarding how to determine your earnings, please contact your FedAdvantage representative. Premiums for this coverage will be deducted directly from your paycheck.

**Regular Employee**  
(Base rate per pay period)

Your Age (as of Employee Last Birthday)	Rate as a percentage of Insured Earnings
<35	.0054
35-44	.0082
45-49	.0120
50-54	.0166
55-59	.0212
60+	.0264

**Special Group Employee**  
(Special groups rate per pay period)

Your Age (as of Employee Last Birthday)	Rate as a percentage of Insured Earnings
<35	.0098
35-44	.0152
45-49	.0231
50-54	.0323
55-57	.0410

Special Groups are defined as Law Enforcement Officers, Fire Fighters and Air Traffic Controllers covered under the Special Groups Retirement

Insured Earnings means 12 times the first \$25,000 of each insured Member's insured Predisability Earnings, divided by 26

Want to figure out the cost of your Long Term Disability benefit? Here is a calculator worksheet to use as a guide. This example uses an annual salary of \$50,000 for a non-special group's member in the 35-44-year old age range:

**LTD Example**

1. Enter your annual salary	\$	\$50,000
2. Calculate your bi-weekly salary by dividing Line 1 by 26 (weeks). This amount cannot exceed \$6,923.04		\$1,923.08
3. Multiply Line 2 by the appropriate rate to get your per-pay period cost. Use the rate key above to obtain the rate for your age, occupation and desired benefit option. For the example, cost was determined using rates for a non-law enforcement member age 35 to 44 LTD Only: $0.0082 \times \$1,923.08 =$		\$15.77
4. Add administrative fee		\$1.00
5. Round to the nearest dollar. This is the per-pay period cost.		\$17.00

Note: If you are a monthly paid employee the administrative premium fee is \$2.00 instead of \$1.00.



### **Standard Insurance Company**

For more than 100 years we have been dedicated to our core purpose: to help people achieve financial well-being and peace of mind. We have earned a national reputation for quality products and superior service by always striving to do what is right for our customers.

Headquartered in Portland, Oregon, The Standard is a nationally recognized provider of group Disability, Life, Dental and Vision insurance and Individual Disability insurance. We provide insurance to more than 24,800 groups, covering over 8 million employees nationwide.\* Our first group policy, written in 1951 and still in force today, stands as a testament to our commitment to building long-term relationships.

To learn more about products from The Standard, Contact FedAdvantage at 1.866.973.6605 or visit us at **[www.standard.com](http://www.standard.com)**.

\* As of June 30, 2013, based on internal data developed by Standard Insurance Company.

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GP190-LTD/S399, GP399-LTD/TRUST, GP899-LTD,  
GP209-LTD, GP608-LTD, GP190-LTD/ASSOC/S399,  
GP190-LTD/TRUST/S399, GP491-LTD/TRUST/S399